



# courage

HOW GOD TRAINS US TO CONQUER FEAR

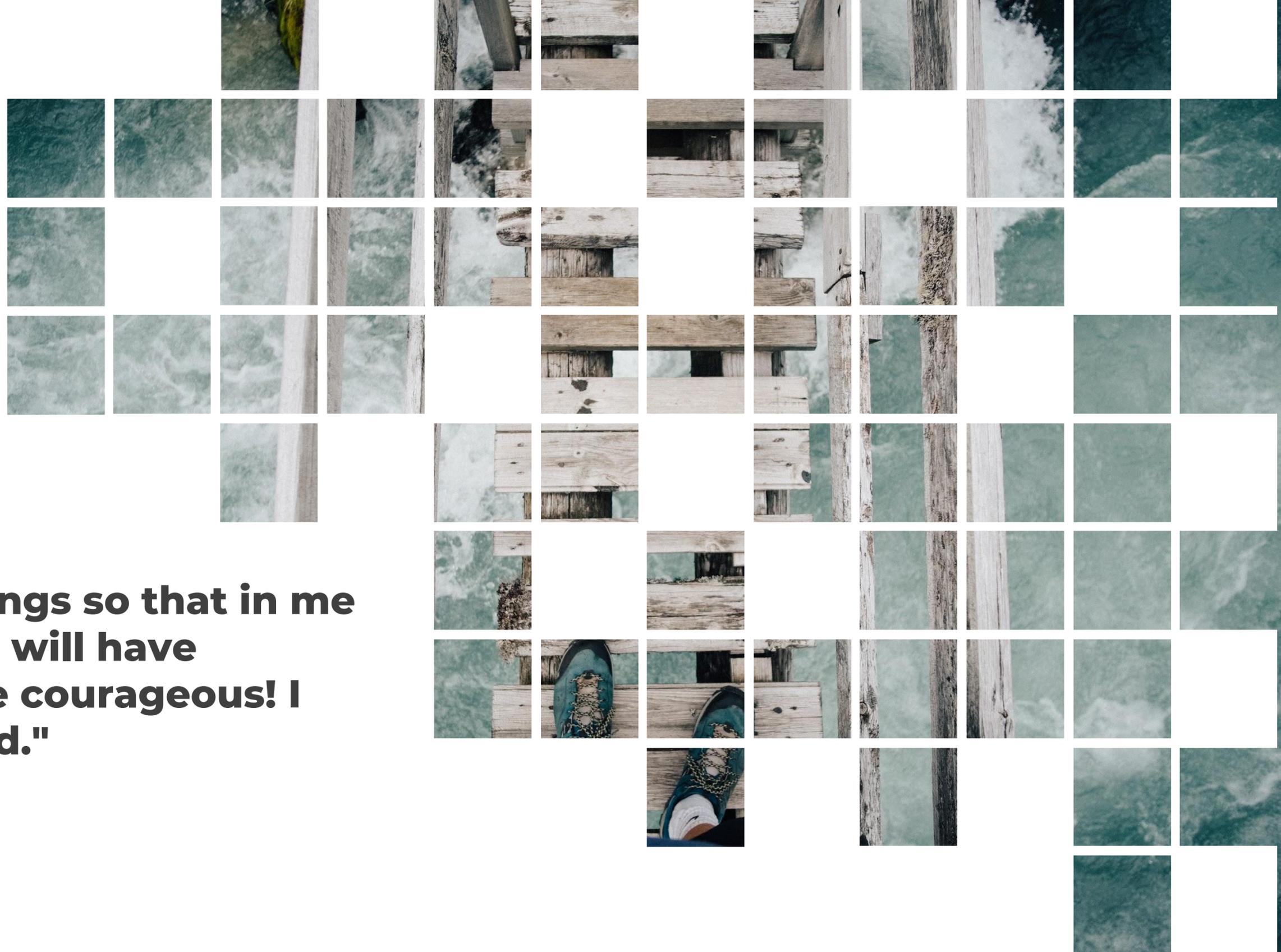
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COURAGE

FEARLESS SERIES

**“I have told you these things so that in me you may have peace. You will have suffering in this world. Be courageous! I have conquered the world.”**

**- John 16:33 CSB**







# What is courage?

Fearless Series

Courage is doing something that frightens you, but doing it anyways because you believe in something greater than the fear.



# Why courage?

“All our dreams can come true if we have the courage to pursue them.”

- Walt Disney

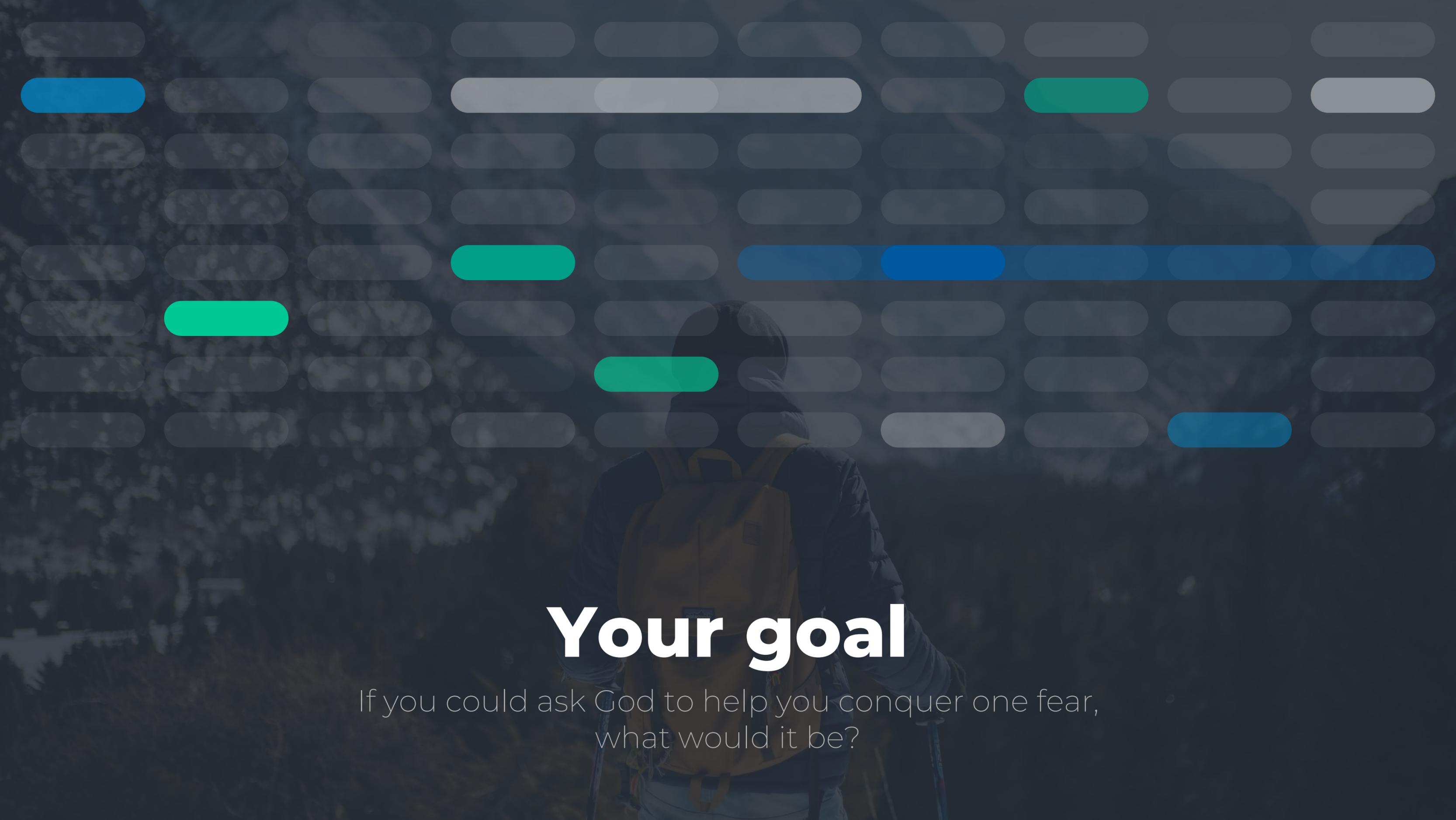


**Why does it matter how courageous you are?**

Why do you think God wants you to have courage?



**What are some fears that hold you back from enjoying life?**

A person with a backpack is seen from behind, looking out over a vast, misty forest. The scene is dimly lit, suggesting dawn or dusk. The person is wearing a dark jacket and a backpack. The background is a dense forest of trees, with a mist or fog hanging in the air. The overall mood is contemplative and adventurous.

# Your goal

If you could ask God to help you conquer one fear,  
what would it be?

# God Inspires Courage

Fearless Series: Courage

Then Moses called for Joshua, and as all Israel watched, he said to him, “**Be strong and courageous!** For you will lead these people into the land that the Lord swore to their ancestors he would give them. *You are the one* who will divide it among them as their grants of land. 8 Do not be afraid or discouraged, for the Lord will personally go ahead of you. **He will be with you**; he will neither fail you nor abandon you.”

- Deuteronomy 31:7-8 NLT

- ★ **God believes in you**  
God tells us “you are the one!” He wants to encourage us because he believes we can take on the things that we’re afraid of.
- ★ **God stands with you**  
Moses reminds Joshua that he doesn’t need to be afraid because God is by his side and will not let him fail. God wants him to succeed.
- ★ **What does God want you to have the courage to do?**  
What are some things you think God is calling you to “be strong and courageous” to do?

A photograph of Ellie Goulding wearing a crown, looking down. The image is overlaid with a semi-transparent teal filter. The text 'ELLIE GOULDING ARMY EP' is written in white, serif, all-caps font across the lower half of the image.

ELLIE  
GOULDING  
ARMY EP

# Jesus Gives Courage

Fearless Series: Courage

[13] When the Council saw the boldness of Peter and John and could see that they were obviously uneducated non-professionals, they were amazed and realized what being with Jesus had done for them!

- Acts 4:13 TLB

## ★ Jesus gives courage to the ordinary

Peter and John weren't warriors, seasoned fighters, or recognized leaders. They were ordinary men who were able to act courageously because of their relationship with Jesus.

## ★ Is your relationship with God giving you courage?

How would spending time with Jesus help you have courage? What would spending time with him look like?

# Friendships Bring Courage

Fearless Series: Courage

[12] See to it, brothers and sisters, that none of you has a sinful, unbelieving heart that turns away from the living God. [13] But **encourage** one another daily, as long as it is called “Today,” so that none of you may be hardened by sin's deceitfulness.

- Hebrews 3:12-13 NIV

- ★ **Sin and loneliness steal courage**  
Feelings of guilt and isolating ourselves from friendships are two things that can steal our courage.
- ★ **God gives us friends to help our courage**  
God reminds us friendships give us the courage we need to take on the sin, unbelief, and fears we can't conquer on our own.
- ★ **Who is a friend that makes you feel like you can take on anything?**  
Do they know about the fear you talked about for your goal? Tell them about it and ask for help to conquer it.

COURAGE

FEARLESS

# Decision

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## Talk it through

How can being closer to God help you conquer your fears?

“

Courage is resistance of fear, mastery of fear, not absence of fear

- Mark Twain



## Take action

What can you start doing in your relationship with God to become courageous?



# Further study

Fearless Series: Courage



1

**Isaiah 41:10-13**

TLB

2

**Matt 10:28-30**

TLB

3

**Heb 10:38-39**

NIV

4

**2 Tim 1:6-7**

TLB

5

**John 15:18-20, 26-27**

NCV