



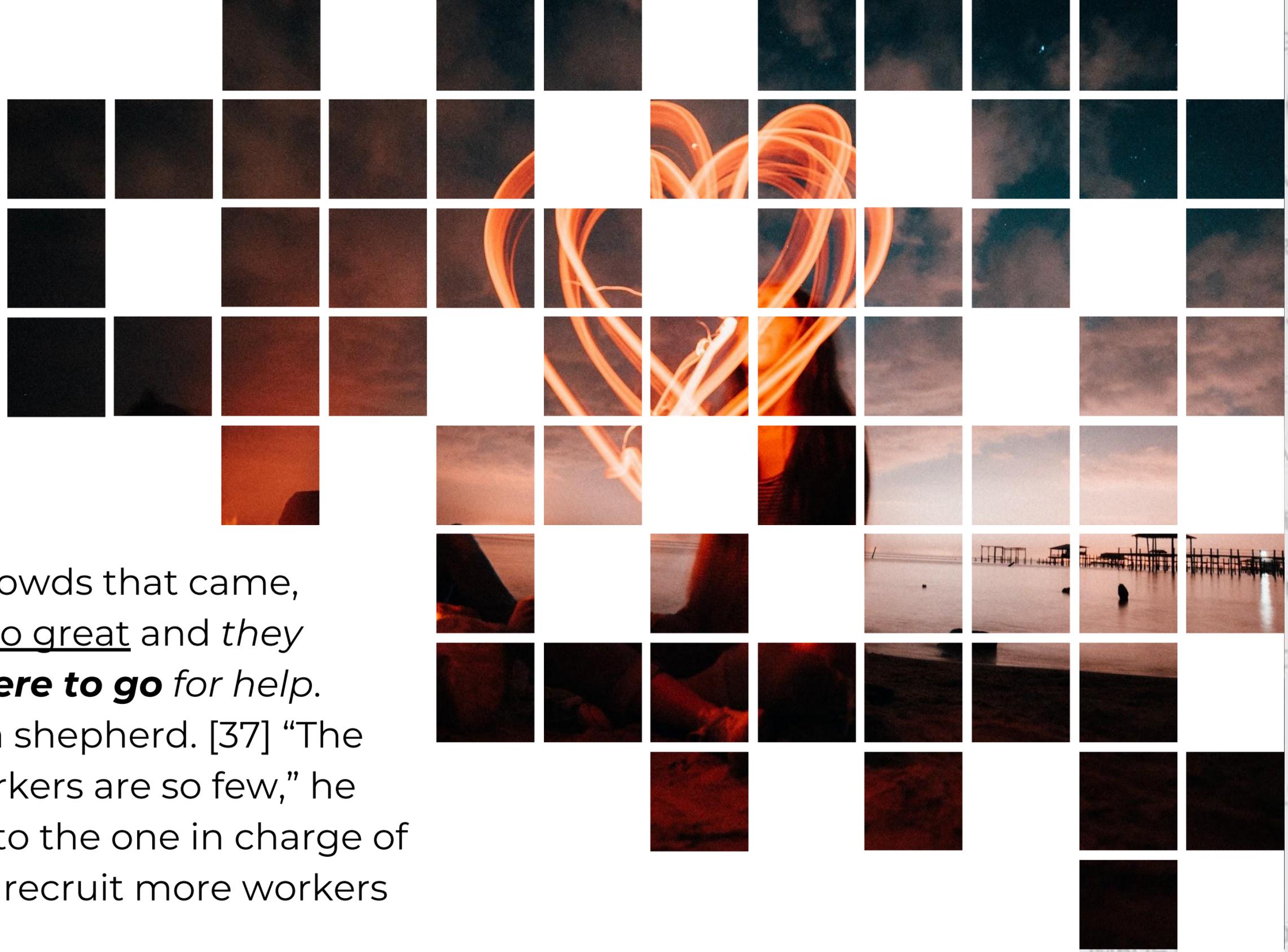
compassion

LEARNING TO LOVE WITH ACTION

deepspirituality.net

COMPASSION

FEARLESS SERIES



And what pity he felt for the crowds that came, because their problems were so great and *they didn't know **what to do** or **where to go** for help*. They were like sheep without a shepherd. [37] “The harvest is so great, and the workers are so few,” he told his disciples. [38] “So pray to the one in charge of the harvesting, and ask him to recruit more workers for his harvest fields.”

Matthew 9:36-38 TLB



What is compassion?

Fearless Series

Compassion is having concern for the sufferings or misfortunes of others. It is not simply feeling bad for what someone else is going through, but taking action to help and love them.



Are you compassionate?

Compassion is having concern for the sufferings or misfortunes of others. It is not simply feeling bad for what someone else is going through, but taking action to help and love them.



When you see someone having a hard time, how do you respond?



How have others been compassionate toward you? How does it feel to have someone take action to care for you?

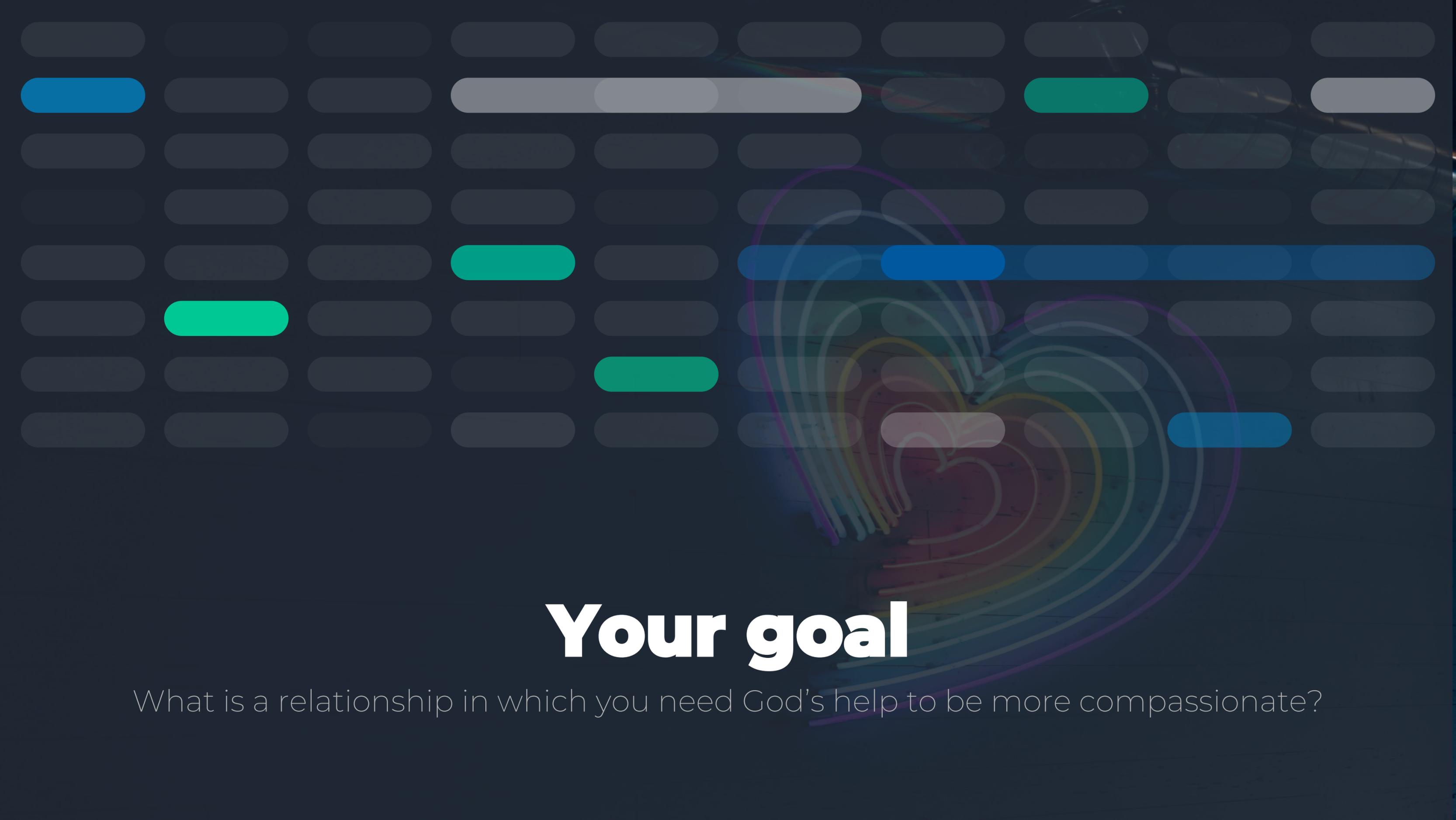
Chance the Rapper

Rapper • Donated \$1 Million to Chicago Education and Mental Health Services



Something I try to instill in others is to just be a good person. It's a decision you make a million times a day. But if you just keep trying, good stuff comes to you in an ordained way.





Your goal

What is a relationship in which you need God's help to be more compassionate?

We Love When We Feel Loved

Fearless Series: Compassion

Therefore her sins—and they are many—are forgiven, for she loved me much; but one who is forgiven little, shows little love."

Luke 7:47 TLB

Our love for others is our grateful response to the love God first demonstrated to us.

1 John 4:19 TPT

★ **Our Need for Love**

We will never be motivated to love others if we don't see our need for God's love first. Seeing how God loves us anyway even after we've messed up or hurt him is motivating to choose to love others.

★ **Love is a Grateful Response**

Our decision to love isn't based on the actions or qualities of someone else, but is determined by our willingness to see and be grateful for how much we are loved.

★ **What are you grateful for?**

How have you been loved even when you didn't deserve it?

Who Needs Your Voice?

Fearless Series: Compassion

“I tell you, love your enemies. Help and give without expecting a return. You’ll never—I promise—regret it. Live out this God-created identity the way our Father lives toward us, generously and graciously, even when we’re at our worst. Our Father is kind; you be kind.”

Luke 6:35-36 MSG

“Speak up for those who cannot speak for themselves; ensure justice for those being crushed. Yes, speak up for the poor and helpless, and see that they get justice.”

Proverbs 31:8-9 NLT

★ **No Expectations**

When we see that God loves us even when we don’t deserve it, we can love others without expecting anything back. This means choosing to be compassionate toward people who may be difficult to love, but need it anyway.

★ **Speak Up!**

There are people around us who need our love and compassion, people who need our voice when they can’t speak up for themselves. Maybe it’s a friend going through a hard time, or a classmate with special needs you can include at school. No matter who it is, we can be the one who is a voice and speaks up for them.

★ **Who needs you to be their voice and care about them?**

What can you do to reach out and show them compassion?

Love Big, Start Small

Fearless Series: Compassion

This is a large work I've called you into, but don't be overwhelmed by it. It's best to start small. Give a cool cup of water to someone who is thirsty, for instance. The smallest act of giving or receiving makes you a true apprentice.

Matthew 10:42 MSG

“Abandon every display of selfishness. Possess a greater concern for what matters to others instead of your own interests.”

Philippians 2:4 TPT



Start Small

When we look at the needs of those around us, it can be easy to get overwhelmed. But the point of compassion isn't to change the world all at once, but to make a bunch of small differences, one person at a time.



Take Action

Though it doesn't matter how big or small the act of love is, what does matter is that we *take action*. Be interested in someone else's life, care about what matters to them. If you see someone having a hard time, talk to them and help them through it!



Who can you choose to love today?

What one thing can you do for someone else that will make all the difference to them?

Decision

Fearless Series: Compassion



“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.”

- Leo Buscaglia



Talk it through

How is God calling you to be compassionate in a specific relationship?



Take action

What are you going to change with God to become compassionate?

Next steps

Fearless Series: Compassion

These follow up actions will help you put into practice the decisions you made, and allow God to start shaping your character.



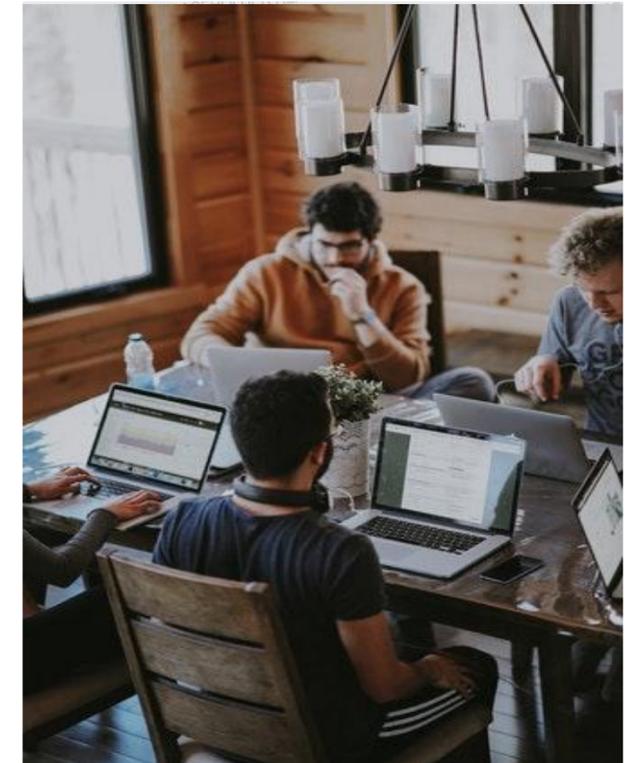
Read this

1 Corinthians 13 TLB, 1 John ERV, James NLT. How can you take action in being compassionate?



Watch this

The Ultimate Gift and *Pay it Forward*



Do this

Make a Vision Board with friends of what you can do together to give to the people and community around you

Further study

Fearless Series: Compassion



1

1 John 3:18-20

MSG

2

Matthew 6:1-4

NLT

3

James 1:27

VOICE

4

2 Corinthians 6:11-13

NLT

5

Psalms 103:8

VOICE